

Cooper Rowing Club

MEMBERSHIP GUIDE



The Cooper Rowing Club, Inc. ("CRC") is a 501(c) (7) not for profit organization. CRC is not affiliated or sponsored by Camden County or Rutgers University in any way. Representations included herein are subject to change at any time and are not intended to be a contractual obligation.

Cooper Rowing Club - Membership Guide

TABLE OF CONTENTS

1. INTRODUCTION

2. CLUB ORGANIZATION & PROCEDURES

- 2.1 Memberships
- 2.2 Composite-Crew Memberships
- 2.3 [Guest Rowing: The "Rule of Three"](#)
- 2.4 Volunteerism
- 2.5 Boathouse Etiquette
- 2.6 [Boathouse Security](#)
- 2.7 Out-of-Town Visiting Rowers
- 2.8 Communication and Contact Information
- 2.9 Waivers

3. EQUIPMENT

- 3.1 CRC Owned Equipment
- 3.2 Privately Owned Equipment
- 3.3 [Equipment Care & Handling](#)
- 3.4 [Boat Log and Reserving Club Equipment/iRowNow](#)
- 3.5 [Logging Equipment Repairs](#)
- 3.6 [CRC River Safety Rules & Considerations](#)

4. MEMBERS ROWING DEVELOPMENT

- 4.1 Rowing Tracks
- 4.2 [Individual Development Programs](#)
- 4.3 Implementation of Individual Program
- 4.4 CRC Coaching

5. BRIEF DESCRIPTION OF THE BY-LAWS OF CRC

6. RULES OF THE RIVER

- Traffic Pattern
- Safety Rules
- Equipment Rules

The Cooper Rowing Club, Inc. ("CRC") is a 501(c) (7) not for profit organization. CRC is not affiliated or sponsored by Camden County or Rutgers University in any way. Representations included herein are subject to change at any time and are not intended to be a contractual obligation.

1. Introduction

1.1 Cooper Rowing Club Mission Statement: The Cooper Rowing Club's Masters Program exists to provide its members with an organized program of training and competition and the use of Club-owned equipment to row on Cooper River.

1.2 Cooper River Brief History

"Let it be remembered," wrote Thomas Sharp in 1718, "That upon the nineteenth day of September, in the year of our Lord one thousand six hundred and eighty-one, Mark Newby, William Bates, Thomas Thackara, George Goldsmith and Thomas Sharp set sail from the harbor...of Dublin... We took our land in tract together...bounding in the forks of Newton Creek and so over to Cooper's Creek..." Sharp's narrative account of the first permanent European settlement in what is today West Collingswood is the most accurate history of the establishment of Camden County. Today, Cooper River Park (346.55 acres) runs through Pennsauken, Cherry Hill, Collingswood and Haddon Township. North and South Park Drives, Route 130 and Grove St bound the park. Cooper River Park is home to many prestigious rowing events. Ideal rowing conditions exist on the Cooper River, which boasts a world-class, Olympic-distance, 2000 meter narrow and sheltered straightaway. The Camden County Boathouse at Cooper River is located on North Park Drive in Pennsauken. It features six boat bays, public launch facilities, rest rooms, a four story official's tower, two meeting rooms and a banquet room for 200 people.

2. Club Organization & Procedure

2.1 Membership with Cooper Rowing Club is a privilege, not a right. Members should remember to follow the Club rules at all times and treat other members respectfully, and any act otherwise will jeopardize your membership status. Any member using unauthorized equipment or engaging in unauthorized activities should be reported to a CRC Board member. That member's actions and future membership privileges will be subject to a review by the Board of Trustees. Loss of membership will result in a complete loss of rights to CRC equipment and facility usage.

There are five classes of membership that the Club extends to its members. Memberships are: **Individual, Husband/Wife, Family, College, and Lifetime Charter Members.** All memberships are annual memberships. Membership fees are determined annually by the Board of Trustees and assessed prior to the start of the rowing season. All memberships entitle each member in good standing to use of the CRC's equipment. A CRC Coach or Board Member must certify each member in order to use CRC equipment safely. All members must be 18 years of age (and out of high school) or older at the date of application to the Club for consideration for membership.

Individual memberships are offered at \$395. Husband/Wife or Parent/Child memberships are offered at \$640 (\$320 per person). A Family membership of three members or more is offered at \$885 or \$295 for each family member. The College membership is offered to qualified college students over 18 years of age at the date of application for \$200. Lifetime Charter Members are the original founding members of the organization, and no new Lifetime Charter Memberships are offered.

2.2 Composite-Crew Memberships

CRC values the racing success of its competitive members. Combined with its desire to provide an environment conducive for its members to excel, CRC regulates the use of Club-owned equipment to ensure its longevity. This is particularly relevant in the case of composite-crew rowing. CRC prefers that your daily training/racing partners join our Club as a member. If no equipment sharing arrangement exists on the part of the other club, your composite crewmate(s) is only permitted to row in CRC equipment under the Guest Rowing policy outlined in Section 2.3 below.

When equal time is being spent in both CRC's and another club's equipment, there is no need to involve your partner(s) in any equipment rental agreement or CRC Club membership. You are however, required to bring this situation to the attention of the Rowing Captain *before using CRC Club equipment*. The Captain will determine which equipment you may use for both training and competition. All composite crew members must sign the appropriate waivers and be certified safe rowers by our coaches prior to use of any Club equipment. A crew composed 100% of CRC Members will always take precedence over any composite crew, despite prior equipment reservation by the composite crew.

Composite-Crews and Competing Under the Name of CRC: Whenever possible, a CRC member should compete under the name "Cooper Rowing Club". A composite crew entry should embody the name of each club being represented. Crewmembers from other clubs are encouraged to enter under the name of their respective clubs, thereby showing the multi-club composition of the crew. In some cases, it may be practical and necessary to enter regattas under the name of a neutral third party such as "Cooper Navy".

2.3 Guest Rowing: The "Rule of Three"

Only Individual, Family, Husband/Wife (Parent/Child) or Charter Members may extend rowing privileges to a non-member (hereinafter referred to as "Guest"). Members holding College Memberships are ineligible for Guest privileges. Guests must be at least 18 years of age and out of high school. Guests are not permitted to use singles (gigs or racing). A Guest may row in a double when accompanied by a Member qualified for Team Boat 2 or higher level equipment access. Guests may not sit in the bow seat of Team Boats. Guests must be recorded in the mileage logbook. Guests must sign a Camden County Release of Liability paper form and USRowing paper waiver found near the logbook, before they row. After the third row, Guests are encouraged to join the Club if they would like to continue to use our equipment and facilities. If your Guest is a member of another boat club, please see Composite-Crew Memberships above. There will be no exceptions to the Rule of Three. Friends and family are not permitted use of Club equipment without being a member in good standing of CRC. Individually, we are all responsible for determining whether persons using Club equipment are in fact bona fide members of CRC. Persons using Club equipment who are not members of CRC should be reported to a Board member, the Captain or a CRC Coach immediately. Unauthorized use of our equipment can cause substantial damage and increases in costs to members as well as creating unsafe and dangerous conditions for members and non-members alike.

2.4 Volunteerism

CRC draws strength for its mission from many hours of time and effort donated by its members. You should only consider affiliation with CRC if you are able and interested in donating time and talents on and off the water. There are many ways to help our Club. All members are encouraged to donate a minimum of one to two hours per month to help keep CRC active both on and off the water. For

example, you could join a committee, assist in clean up or club maintenance days, become a mentor for new members, participate in Club rowing socials, and much more. Everyone wins when the workload is shared.

2.5 Boathouse Etiquette

Be respectful of others when considering your conduct or verbal communication around the boathouse and on the water or participating in any Club activity. We want all members and their guests to feel comfortable at all times. Demeaning language is inappropriate at any time. Sexually explicit language and sexual harassment of any kind will not be tolerated and will lead to membership review and possible expulsion. Any difficulty experienced with another member should be documented in writing and sent to the Board.

2.6 Camden County Boathouse Security

The Camden County Boathouse hosts many private non-rowing events and is open to the public during operating hours. During the rowing season (mid-March through mid-November, weather permitting) the boathouse operating hours are 4:45 AM – 8:00 PM on Mondays – Fridays and 4:45 AM – 5:00 PM on Saturdays/Sundays. During the winter season, boathouse operating hours are 8:00 AM – 4:00 PM on Mondays – Fridays, 8:00 AM – 5:00 PM on Saturdays, and 8:00 AM – Noon on Sundays. The boathouse is closed on holidays observed by Camden County. Members should row during boathouse operating hours.

Please practice the following policies to keep our equipment and yourselves safe from the non-rowing public:

CRC's home base is in the 5th boat bay of the Camden County Boathouse. CRC members should avoid using the main entrance/front door of the boathouse which is reserved for public use. Members should enter the boathouse through the 5th bay door or one of the other doors around the back of the boathouse. Parking lots at the boathouse may be limited or closed during events. Please be respectful of boathouse staff when directed that lots are closed, and park in permitted areas along Park Drive, in the business parking lot across the street from the boathouse (on weekends or only after 6:00 PM on weeknights) or in a public parking lot.

Boat bay doors should be closed at all times to keep the heat/air conditioning in, and to keep the public away from equipment. If you are the last person walking out of the boat bay (either to launch your boat, to leave, or to use the facilities inside of the boathouse), you must close the bay door behind you at all times throughout the year.

While CRC or the Camden County Boathouse is not responsible for the theft, loss or damage to any personal items left at the boathouse, CRC has a locked cabinet (located underneath the computer) available for member use for small personal items only. The combination for the lower locked member cabinet was provided to you during orientation and you are welcome to use this cabinet in lieu of leaving small personal items in unlocked places. There are also lockers in between the 4th and 5th boat bays available to all boathouse members for daily use. You must bring your own lock and your items/lock must be removed each day. The locked wall cabinet located above the computer is for Board Member and Coach use only.

Any suspicious activity or persons on the water or around the boathouse should be immediately reported to the Camden County Boathouse front desk staff.

2.7 Out-of-Town Visiting Rowers

CRC will make available Club equipment to out-of-town visiting rowers who are members in good standing of other rowing clubs. Prior to using Club equipment such visiting rowers must contact the Captain and request permission to use Club equipment. The visiting rower's home club must make their equipment available to traveling CRC members in a comparable reciprocal arrangement. The visiting rowers after providing a signed release and sufficient information for the Captain to determine availability of Club equipment will grant permission to the visiting rower for specific use of CRC equipment based upon availability that will not conflict with CRC scheduled activities.

2.8 Communication and Contact Information

CRC communicates with members via our email account (crcmembers@gmail.com) and website. River closures, Club bulletins, news and Club events will be relayed to all members via email. Members are responsible for keeping the Club informed of their up-to-date contact information and email address. Members are also responsible to check and read emails from CRC, and review our website, to be informed of river conditions, equipment issues, Club news, etc.

2.9 Waivers

Members are required to annually complete and execute an online USRowing waiver and/or a Camden County Release of Liability waiver prior to their first row of the year. Any minimal fees associated with completing/executing these waivers are the responsibility of the Member.

3. Equipment

Equipment found in our boathouse may be owned by CRC, a college, a high school, or by individuals. It is the user's responsibility to obtain clearance for usage of CRC Club-owned equipment from the Captain. If you are not permitted to reserve a specific boat, then you may not sit in bow seat of that specific boat (the only exception is when rowing under the guidance and supervision of a CRC Coach).

3.1 CRC owned equipment

Most CRC owned equipment is labeled as such. Boat names and locations are posted on the racks and on the cork board next to the computer. The blades of our club oars are painted black and cardinal with a gold letter C. Club oars are stored on the hanging rack at the front end of our bay. Our equipment is divided into three general classifications recreational, intermediate and racing. Additionally, these classifications may be divided into weight classes such as lightweight, midweight and heavyweight. These classifications are defined and posted at the boathouse. No member should use equipment they have not been certified to use. To ensure longevity, please respect weight restrictions.

Anyone wishing to remove any Club equipment (boats, oars, ergs) from the boathouse must first obtain permission from the Captain.

No boats may be re-rigged or altered, except for foot stretcher placement, without the permission of the Captain. No seats, riggers, shoes, foot stretchers, nuts, bolts, or any other boat part belonging to one boat may be transferred to another under ANY circumstance.

Club launches may only be used by the Captain or CRC Coaches with the proper boat certifications on file with the Camden County Boathouse.

3.2 Privately Owned Equipment

Privately owned equipment is located throughout the boathouse. The contract to store and the rights and responsibilities of each party, the equipment owner and the Camden County Boathouse are responsible for the terms of the contracts. CRC is not responsible for any loss, damage or accident with privately owned equipment. CRC is not a party to the storage contracts and is not liable in any way to the equipment owner. If you wish to be considered for a rack spot, please contact the Camden County Boathouse. No boat (Club-owned or private) may be moved from its assigned space to another space without permission from the boathouse manager.

All damage caused to privately owned equipment should be reported immediately to the owner and the Camden County Boathouse. Please accept responsibility for damage you may have caused.

3.3 Equipment Care & Handling

During orientation upon initial membership to CRC, you should become familiar with the proper care and handling of all equipment. The following is a brief overview.

Rowing Equipment: Extreme care and caution should be maintained when removing boats/shells from racks and returning them to their respective racks. Please follow the following guidelines: At no time should the shell you carry touch another shell, or storage racks above or beneath. Shells must be lifted and not slid across the rack on which they sit. Sliding will weaken and eventually crack the shell's gunwales. Be wary of the boat bay opening and other equipment as you carry the shell out of the house. Boat bay doors must be opened all the way up. Quads/Fours and Eights must be carried by the gunwales, so that no pressure point exists on the hull or skin of the boat. Doubles/Pairs should be carried by the ends. At dock's edge, shells must be rolled carefully toward the water and then placed lightly on the water **without brushing or touching the edge of the dock**. Be aware of the skeg/fin's position at all times to ensure it keeps clear of the dock, slings and rack. It is your responsibility to check that your boat has a bow ball, shoe quick release and heel tie-down prior to each use. If any of these safety items are missing, do not row that boat and write up the issue in iRowNow.

Club boats may never be left unattended in slings, on the dock, or in the water.

When getting ready to row a single, place your oars on the dock right next to your intended launch area. When the docks are busy, team boat oars must be set up on the concrete area near the lamppost. Please use good judgment and keep oars from becoming a trip hazard to others walking on the dock, or the traffic areas walking to/from the dock.

Boat slings should be set out prior to retrieving a boat from a rack and should never block the bay doors. Members rowing (or coaches in a launch) before dawn or after dusk must have a stern light (white) affixed to the stern of their boat and a bow light (green/red) affixed to the bow of their boat. Stern and bow lights, as well as replacement batteries, are stored in the locked member cabinet.

After each row, boats must be hosed down with water and dried off prior to being returned to the rack. If a shell is particularly dirty, a sponge may be used to lightly wipe down the shell (no scrubbing). The

use of brushes or a cleaning agent other than water on CRC equipment is prohibited unless specifically directed by the Captain or a CRC Coach.

After each row, shells must be returned to the rack, dolly or outside lowboy from which they were taken. Shells should sit free and clear of all riggers and oar locks. Shells should not rest on the splashguards or impede a boathouse exit (must sit inside of the yellow line or not block the door near the desk). Ideally, shells should meet the rack at a point directly on the internal bracing (thwart/stay) of the shell. Oars, slings and any other rowing/boathouse equipment should be returned to the spot from which they were taken prior to the row. Boats stored outside on lowboys must be strapped to the lowboy.

3.4 Boat Log and Reserving Club Equipment/iRowNow

For your safety, all Members (whether using club equipment or private boats) are required to use CRC's iRowNow system to log your boat out before you launch and log your boat in after you've safely returned to the boathouse.

Club-owned rowing equipment must be reserved via the iRowNow program. Detailed instructions on using iRowNow were provided during Club membership orientation. The CRC boat reservation policy is as follows:

- A. Boats may only be reserved for one hour at a time;
- B. Reservations must begin on the hour;
- C. Can only reserve for one workout at a time; and
- D. Reservations cannot be made more than seven (7) days in advance.

While iRowNow software may permit reservations to be made outside of these parameters, it is the member's responsibility to understand and follow these CRC boat reservation policies. If any boat has been reserved, the boat is restricted for use by the member who reserved the boat until 15 minutes past the hour. If the reserved boat is not out by 15 minutes past the hour it is available on a first come basis but must be returned to the rack at the end of the hour. Members must be back at the dock promptly at the end of the hour. The Captain has ultimate authority to confirm or deny access to equipment based on upcoming racing schedules, and the relative ability of the athlete(s) seeking permission to use the equipment. *Please keep in mind that during the months of June, July, September, and October there is excessive demand for all equipment. The Captain's task of allocating equipment is very difficult with many factors needing to be considered. Be respectful of the decisions.*
Note: Racing equipment may only be reserved one regatta in advance through the Captain.

3.5 Logging Equipment Repairs

No matter how careful we are, *accidents involving expensive equipment occur occasionally*, particularly if you are an active rower who logs more than several hundred miles a year. All suspected damage to Club-owned rowing equipment must be reported in iRowNow after your row, in addition to sending a follow up email to the Captain or Club. If you have damaged privately-owned or another team's equipment, please report that damage to the owner and the Camden County Boathouse immediately. Boats that are unsafe to use should also be marked appropriately. The member logging the damage to the Club equipment should check the system to determine if the damaged boat (which is in an unusable condition) is reserved a short time later. If the damaged boat is reserved by another member, that member should be contacted to inform them of the damaged equipment.

CRC carries insurance to cover damage to CRC owned rowing equipment. Privately-owned equipment IS NOT insured by CRC and the owner of the equipment is responsible to adequately insure their personal equipment. There is usually a deductible that must be met for more than just "wear and tear" damage. Depending on circumstances (negligence), you may be responsible for the deductible that applies.

Keep in mind that rowing at CRC is a privilege, and not a right. The penalty for not reporting damage to equipment could be expulsion. CRC is your club. The equipment is your equipment. Treat it as such by reporting all suspected damage immediately after it occurs.

3.6 CRC River Safety Rules & Considerations

Every opportunity to warn members about extremely adverse water conditions via Club email/the website will be made. However, it is your responsibility to judge proper rowing conditions. Do not row when the water level is too high or too low, when there is too much debris in the water, during windy or whitecap conditions, when lightning has been seen or is forecasted, or when fog interferes with your ability to safely navigate the river. Bow and stern lights are mandatory when rowing in the dark.

Rowers on the Cooper River are the only persons required to follow a specific traffic pattern (listed below and in Section 6). Sailboats, fishing boats, kayaks, dragon boats, etc. are not required to follow the rowing traffic pattern. For this reason, members are responsible to constantly be aware of their surroundings and ensure their boats are out of the way of other watercraft on the Cooper, while adhering to rowing traffic patterns.

Members are not permitted to row below the 1000 meter marker during Cooper Yacht Club Learn to Sail events.

During events that close the river to rowing (i.e. regattas, sailing events, fishing tournaments), Club emails and/or reservations in iRowNow will be blocked as a warning to all members that rowing is not permitted.

In addition to the Cooper "Rules of the River" listed in Section 6 below, CRC members follow a specific docking traffic pattern when returning to the dock due to our small, uncoxed sculling boats. This specific pattern ensures our safety for adequate dock conditions before turning our backs to the dock. A thorough explanation of this pattern was explained to you during initial orientation. For a brief description: When returning to the dock from your row, you must be rowing up the course in Lanes 0, 1 or 2 from just beyond the boathouse. It is during this time that you are constantly watching the docks, water around you and boathouse area for traffic, which dock you want to land on, etc. You row up to just past the drain, spin your boat and then come right in to the dock. This procedure ensures that your back is only turned on the docks for a short period of time before you land. Members should not be rowing or spinning more than one boat length past the drain. Members should never be coming into the docks when rowing down the course. Members should never cross the river at the boathouse docks. A weather or medical emergency while rowing are the only permitted circumstances in which a member may violate the above-referenced docking pattern or the Cooper "Rules of the River" to reach safety.

Members in CRC equipment are not permitted to row under/past the Route 130 Bridge or under/past the Cuthbert Bridge, unless in the presence of a CRC Coach.

When the goose lines are up, only remove the sections needed to safely launch/return your boat (usually at the far end of the dock). If the docks/river are not busy, use the same dock others are using, instead of removing goose lines from the second dock. If you or your crews are one of the last boats off the water (at any hour during the day), you are responsible for putting the goose lines back up on the dock.

Four-Oar Rule: The Four-Oar Rule will be mandated by the Captain or Camden County Boathouse once the combined water and air temperature is below 73 degrees. During the Four-Oar Rule season, no singles or pairs may be rowed.

4. Members Rowing Development

CRC being a membership organization is principally to serve the needs of its members as formally adopted in our annual operating plan as approved by the Board of Trustees.

4.1 Rowing tracks are general paths of development by each member. CRC has identified several tracks: 1) a member new to rowing that wants to develop recreational skills to enjoy the sport of rowing; 2) a member new to rowing who wants to develop highly skilled level of rowing technique and wants to compete at their highest level; 3) a member who is an experience rower who wants to use club equipment recreationally; 4) an experienced member who wants to develop highly skilled level of rowing technique and wants to compete at their highest level.

4.2 Boat Progression: To serve each member's specific rowing track and ensure equipment longevity, CRC requires that members interested in rowing more advanced levels of equipment adhere to the following boat progression policies. CRC has two categories of equipment, Singles and Team Boats. Singles are divided into three (3) progression levels, Gig/Recreational, Intermediate, and Racing. Team Boats (2x/2-, 4x/4+/4-, 8+) are divided into four (4) progression levels, Team Boat 1, Team Boat 2, Team Boat 3, and Team Boat 4. Novice members will start at the Gig/Recreational level in the Single category, and the Team Boat 1 level in the Team Boat category. Experienced members will be assessed and designated a level in each category during initial club orientation based on their specific rowing track and skill.

A member is required to log a minimum of 200 kilometers in their current designated boat level, prior to requesting permission to advance to the next level. For Team Boat equipment, you must be logging (and physically rowing) your kilometers as bow seat in order to progress. Boat progression requests shall be made to the CRC Captain. The Captain will then discuss and evaluate the boat handling skills a member must demonstrate to progress.

Rowing in an advanced level boat under the supervision of a CRC Coach does not count towards the 200 km progression minimum.

4.3 CRC Coaching: CRC will attempt to coordinate members requesting coaching to assist in their desire to develop skills within or beyond their current rowing tracks. Coaching may be divided into different sessions, keeping members with similar rowing tracks in the same group. CRC Coaches may also be available for members to hire for private coaching. Coaching fees (group sessions or private) are not included in Membership dues. Members should reach out to the Captain for assistance in determining their skill level and rowing track.

5. Club Organization

Cooper Rowing Club is a 501(c) (7) membership organization created in June 2005. A 10-member board of trustees oversees the CRC operations. The initial board of trustee volunteered to serve and was appointed by the corporate organizer. As the board member initial terms expire the members of CRC will elect replacements. Additionally the board has appointed a President, Vice President, Secretary, Treasurer, Captain and an Equipment Committee Chairperson. The detailed by-laws of CRC are available to any member upon request.

6. RULES OF THE RIVER (As published by Camden County Parks Department and Rutgers University.)

[Please be advised that the rules listed in this section may not conform to additional CRC policies. CRC Members are responsible to review, understand and adhere to all river rules listed below, in addition to all superseding CRC policies listed in this Guidebook.]

GUIDELINES OF THE RIVER The following minimum guidelines of the river are set to provide for the safety and enjoyment of those who row on the Cooper River. These guidelines are subject to enhancement as use of the Cooper River grows. These rules govern traffic and safety on the river, and are intended to provide a safe, courteous, responsible environment for all users. Beyond these rules, good common sense should prevail. The ultimate responsibility for the participants' safety remains with the participant, his/her coach and his/her club/team.

TRAFFIC

Practice times are not limited; except for days there are Yacht Club races and Regattas on the river. Signs will be posted in the boat yard the week of any such event with time restrictions. The traffic pattern is as follows: Shells and launches will proceed from the launching area, check traffic, and enter into lanes 0, 1, and 2 on the North side of the river, and continue West (downstream) in those lanes to the starting line (Route 130) end of the river. Traffic will then turn in a counter clockwise direction (to port), crossing to the South side and proceed East down the course (upstream) toward Cuthbert Boulevard in lanes 4, 5, 6, and (if navigable) 7. Lane 3, the center of the river, will be an open safety lane. Shells returning to the dock have the right of way through Cuthbert over a shell leaving the dock.

Rowing west of Route 130 is at your own risk, and the same traffic pattern applies.

Absolutely no racing or high stroking is permitted under Cuthbert Boulevard, under Route 130, or near the launching areas.

Shells coming under Route 130 must cross the river to lanes 4, 5 and 6 and check for other crews already at the top of the river.

Slower shells and launches must move to shore side and allow for faster shells and launches to pass towards the center of the river.

Returning shells and launches have the right of way under Cuthbert Blvd. Departing shells and launches must yield to all returning.

EQUIPMENT

All boats must be equipped with a bow ball in accordance with USRowing rules.

All sneaker type foot stretchers will be equipped with the proper quick release straps and heel tie downs in accordance with USRowing rules.

All shells will be equipped with proper bow and stern lights when rowing in darkness.

Megaphones shall not be used as to lessen the noise on the river. All coxswains are responsible for keeping microphone level to a minimum as well.

All launches, within the space limits of safe operation, shall carry the necessary paddles, anchor, Personal Flotation Devices, tools and first aid equipment as determined by common sense, sufficient to rescue the crew of the largest shell being coached. Each coach shall carry a cell phone.

All coaching launches should be in good working order and provide 360 degrees of visibility of the river at all speeds.

All launches used during darkness should display the proper lighting.

All coaches should be knowledgeable in the sport of rowing and the US Rowing rules.

Each rower will be instructed about the fundamental parts of the equipment and all equipment should be inspected prior to and after each outing.

Each rower will be thoroughly instructed in proper rowing skills and technique, boatmanship skills, and ALL safety procedures.

Camden County Parks and Rutgers University, in making these rules, assumes no responsibility or liability, either express or implied, for the personal safety or welfare of any person. All rowers acknowledge the inherent risks associated with the sport and with boating in general and agree to assume those risks. These rules are stated in order to ensure that oarspeople will be responsible for their own safety, and for their enjoyment and that of others using the river. Any club that does not adhere to the above rules will be subject to suspension of rowing privileges.

Please contact the Captain, a Board Member or CRC Coach if you have any questions regarding the above policies.

The Cooper Rowing Club, Inc. ("CRC") is a 501(c) (7) not for profit organization. CRC is not affiliated or sponsored by Camden County or Rutgers University in any way. Representations included herein are subject to change at any time and are not intended to be a contractual obligation.